

# HEARTPATH CENTER

*Holistic Healing for Whole Living*

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**Contact HeartPath**

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**The HeartPath Center is conveniently located in Olympia, Washington.  
Please contact Diane for driving directions.**



*What is joy?  
It is a bird  
that we all want to catch.  
It is the same bird  
that we all love to see flying.*

- Sri Chinmoy

**Traveling to Olympia, Washington**

## ABOUT OLYMPIA AND THE SURROUNDING AREAS

Olympia is the Capital of Washington State, and is located at the tip of the Puget Sound about 60 miles south of Seattle, Washington and 110 miles north of Portland, Oregon. Many breathtaking sightseeing areas are found in Washington such as the Olympic Peninsula, Mount Ranier, Mount St. Helen's, the San Juan Islands and much more. Go to the following websites for more information on Olympia and the many available sightseeing options offered in the Pacific Northwest, including surrounding areas such as Oregon and Canada:

[www.ci.olympia.wa.us](http://www.ci.olympia.wa.us)

[www.gonorthwest.com](http://www.gonorthwest.com)

## AIRPORT OPTIONS

Seatac International Airport, Seattle, Washington (SEA),  
45-60 minutes north of Olympia

Portland International Airport, Portland, Oregon (PDX),  
2+ hours south of Olympia

## GROUND TRANSPORTATION

**Car Rentals:** Cars may be rented at both airports. If you plan to travel outside of Washington State, including to Canada, be sure that your rental contract allows you to drive to other states and/or outside the USA. For Canadian travel, be sure to check Customs requirements for documentation of your citizenship as they are in process of changing in the near future. **NOTE:** If you prefer to not rent a car and want to arrange for transportation to HeartPath from your hotel after you have used a shuttle/van service from the airport to your hotel, please contact Diane at 360-412-5433, [heartpathcenter@earthlink.net](mailto:heartpathcenter@earthlink.net) for assistance.

**Shuttle/Vans:** (search for additional airport shuttle options at [www.superpages.com](http://www.superpages.com))

**From Seattle:** Capital Aeroporter, 360-754-7113 or 800-962-3579, [www.capair.com](http://www.capair.com), book a round trip ticket in advance for the lowest fare. These folks provide excellent service.

**From Portland:** Community Airport Shuttle Service, 503-674-5861, Email:

*Hope is the thing with feathers  
that perches in the soul,  
and sings the tune without the  
words,  
and never stops at all.*

- Emily Dickenson

[info@communityairportshuttleservice.com](mailto:info@communityairportshuttleservice.com). I have not dealt with this company so cannot vouch for them.

#### HOTELS CLOSEST TO THE HEARTPATH CENTER

**Immediately off of I-5 Exit 111  
(about a 15-minute drive from the Center):**

King Oscar Hotel: 8200 Quinalt Way NE. Phone: 360-438-3333. **NOTE:** This is the recommended hotel if you are not going to have a car as it is within easy walking distance to several restaurants, Safeway, Starbucks, and other shopping). [www.Koscar.com](http://www.Koscar.com)

**Immediately off of I-5 Exit 109  
(about a 10-minute drive from the Center):**

AmeriTel Inns: 4520 Martin Way East. Phone: 800-600-6001 or 360-459-8866, [www.ameritelinns.com](http://www.ameritelinns.com)

Comfort Inn: 4700 Park Center Ave NE. Phone: 360-456-6300 [www.choicehotels.com](http://www.choicehotels.com)

Holiday Inn Express: 4704 Park Center Ave NE. Phone: 360-412-1200 [www.hiexpress.com](http://www.hiexpress.com)

Super 8 Motel: 4615 Martin Way. Phone: 800-800-8000 or 360-459-8888 [www.super8.com](http://www.super8.com)

Quality Inn & Suites: 120 College St. SE, Phone: 360-493-1991, [www.choicehotels.com](http://www.choicehotels.com)

**QUESTIONS ABOUT YOUR TRAVEL TO OLYMPIA?** Contact Diane at 360-412-5433, [heartpathcenter@earthlink.net](mailto:heartpathcenter@earthlink.net)

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