

HEARTPATH CENTER

Holistic Healing for Whole Living

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Integrated Energy Therapy® (IET)

Healing Your 12-Strand DNA and More with the Energy of the Angels!

WELCOME TO IET

As a Master-Instructor and Practitioner of IET, I would be very pleased to answer your questions about IET, as well as provide classes and healing sessions for your benefit. Please feel free to email or call me anytime. I look forward to sharing IET with you!

WHAT IS IET?

Integrated Energy Therapy® (IET) is one of the next generation power energy therapy systems that assists you in getting the "issues out of your tissues" for good! Developed by Stevan Thayer, IET works directly with your 12-Strand Spiritual DNA using the violet angelic energy ray, as brought to us through the nine Healing Angels of the Energy Field.

IET's mission is to "heal the world one heart at a time". The first IET class was taught in 1994. What has happened since that time is truly the work of angels! IET has indeed spread throughout the United States, Belgium, Canada, and Ireland, and classes have been taught in over 21 countries around the world. In addition, what started with one IET class of 30 students has grown to where more than 2,500 IET classes have been held, with over 12,000 Basic, Intermediate, Advanced, and Master-Instructor IET students having attended.

IET classes and healing sessions support you in safely and gently releasing limiting energy patterns of your past, empowering and balancing your life in the present, and help you to reach for the stars as you evolve into your future. They include a progressive focus that begins with clearing the pain and helping you to move beyond only surviving life, to where you move into finding and living your soul's mission so that you can thrive in life. The term "Integrated" in the name is intended to convey IET's healing vision of "integrating the pain of the past, into the power of the present, to bring about the joy of the future".

Anyone can learn IET as no previous energy healing experience is needed. IET is ideal for those wanting to either begin an energy therapy practice or expand an already existing one. IET also provides a wonderful complement to other holistic techniques such as Massage, Acupuncture, Reiki and Therapeutic Touch. While IET is an excellent standalone energy therapy system, IET may be integrated into sessions based on other holistic modalities, and the techniques of other holistic modalities may be brought into IET sessions. If you are a massage therapist, you can earn continuing education units (CEU's) for the IET classes that you attend, just ask for details!

IET is an attunement-based energy therapy system. Each level of the IET system includes an energy attunement that works directly with the 12-Strand DNA to expand, realign, and restructure one or more pairs. Each IET attunement builds together with the others to ultimately bring all six pairs of the DNA into their full power.

Thus, being attuned to the Basic IET Level opens the 1st (physical) and 2nd



"Emotions are the next frontier to be understood and conquered. To manage our emotions is not to drug them or suppress them, but to understand them so that we can intelligently direct our emotional energies and intentions...It's time for human beings to grow up emotionally, to mature into emotionally managed and responsible citizens. No magic pill will do it."

Doc Childre

(emotional) pair of the 12-Strand DNA and provides students with the ability to clear physical and emotional energy blockages from the cellular memory and leave in their place positive physical and emotional energy imprints.

The Intermediate IET Level adds the 3rd (mental) and 4th (karmic/past life) pairs of the 12-Strand DNA and provides students with the ability to clear physical, emotional, mental, and karmic energy patterns from the human energy field, while leaving positive energy imprints in their place.

The Advanced IET Level works with the 4th (genetic soul profile) and 5th (soul cluster) pairs of the 12-Strand DNA and provides students with the ability to discover your soul's mission and attract members of your soul's cluster to help you live your soul's mission and bring your dreams alive.

The IET Master-Instructor Level opens the 6th pair (alignment with the Divine) of the 12-Strand DNA and provides students with the ability to activate the DNA of others and attune them to the Basic, Intermediate, and Advanced Levels. In addition, once you are attuned to the Master-Instructor level IET Ray, your energy field will operate in an increased state of spiritual surrender known as "thy will not my will".

IET Master-Instructors may teach all of the above IET courses except for the Master-Instructor Level itself (there are Master-Instructor Trainers for this), plus three others that are available which are: Healing Angels of the Energy Field, IET for Kids and IET for Pets.

Following you will find additional information about IET sessions and classes. As well, you can go to www.LearnIET.com and to my IET instructor page that is on this site found at www.learniet.com/diane_shewmaker.asp

IET HEALING SESSIONS (in-person and distance)

Give yourself the gift of healing with the angels! IET sessions help you to release core cellular memory patterns and energy blocks from your energy field and body, while integrating positive energies such as innocence, love, forgiveness and safety. IET sessions also clear and enhance the physical, emotional, mental, karmic, genetic soul profile and soul cluster pairs of your spiritual 12-Strand DNA, bringing greater alignment with your divine soul mission on earth.

The IET practitioner has many powerful methods available to focus the IET healing energies within a session that progress in scope and depth with each IET level that is completed, from Basic through the Master-Instructor levels. These include angelic heartlinks, methods for clearing the cellular memory, empowerment imprints, the pullout-release technique, ways to tap into your soul's mission, muscle tension-relaxation methods, soul star clearing, heartbeams, the 12-Strand DNA alignment technique, the IET energy attunement implant technique, the 12-Strand DNA activation technique, the karma clearing process, the forgiveness process, and more.

Please go to all of the IET Class Descriptions where you will find more about these powerful methods together with information on the class level in which they are received.

Please feel free to email or call me to schedule one or more of these empowering and life-changing healing sessions!

IET CLASS DESCRIPTIONS (in-person only)

MESSAGE THERAPISTS: Remember that you can receive continuing education units (CEU's) for IET classes. Please ask for details!!

Below are full class descriptions of every IET class. I teach all of them with the exception of the IET Master-Instructor Level. Please be in touch with me for registering and for additional information.

- [IET Introductory Workshop](#)
- [IET Basic Level](#)
- [IET Intermediate Level](#)
- [IET Advanced Level](#)
- [IET Master-Instructor Level](#)
- [Healing Angels of the Energy Field](#)
- [IET for Kids](#)
- [IET for Pets](#)

IET INTRODUCTORY WORKSHOP

I am available for group introductory workshops to which you can invite your friends, family and others. Learn more about how IET and the healing angels of the energy field can be of benefit in your healing and transformation process! These workshops may be held in your home, other group meeting locations, and also at expos and conferences. Please be in touch for more details.

CEU Hours Offered for Massage Therapists: None.

IET BASIC LEVEL

Prerequisites: None, anyone can learn IET!

Description: Even though this class is called the "basic level", it provides you with everything you need to facilitate a powerful IET session on yourself or on another person (either in-person or absentee). This class is designed as an entry level class for those students wanting to use energy therapy to heal their lives. It is also an ideal class for students wanting to begin to an energy therapy practice, or to expand an already existing practice, as IET is a wonderful complement to other holistic techniques such as Massage, Acupuncture, Reiki, and Therapeutic Touch.

Basic Attunement: You will receive the Basic Level energy attunement that will permanently open your energy field to the power of IET Basic Level Ray. This attunement expands, realigns, and restructures the 1st (physical) and 2nd (emotional) pairs of your 12-Strand DNA. Once attuned to the Basic Level IET Ray, you will have the ability to clear the cellular memory of physical and emotional blockages.

Angelic Heartlinks: IET is known as "Healing with the Energy of Angels". You will learn to access the energy of angels through a simple yet powerful process called a Heartlink. A "heartlink" is a connection made with the angelic realm in which you visualize a golden chord going from your heart, through your throat, up through your head and then up to the angelic realm or to a specific angel, usually Angel Ariel or one of the other "Healing Angels of the Energy Field". Once your Heartlink has been established, you will learn how to send love up to the angelic realm or to a specific angel. You will find that the love returned is multiplied from the angels to further assist you in the healing of yourself or others. This Heartlink is invaluable in and of itself, however, when it is used in conjunction with the accessing of the energy system, it becomes extremely powerful and effective.

Clearing Cellular Memory: You will learn about the nine cellular memory areas where we can unconsciously store "issues in our tissues" that can negatively affect our life. More importantly, you will learn simple yet powerful techniques to get the issues out of your tissues (as well as out of the tissues of others). Clearing of cellular memory is made quick and easy by means of nine sets of IET Integration Points that allow you to energize, integrate, and clear the nine cellular memory areas.

Empowerment Imprints: In IET clearing harmful energy blocks is only half the task. After energy blocks are cleared, you will learn to channel angelic energy to form an empowerment imprint that fills the cellular memory with the opposite of what you cleared. For example, you will learn to clear the energy of guilt and imprint the energy of innocence.

Class Length: This class is designed to be taught in one day (approximately 8 hours). The actual length and times of the class will vary by location.

Class Materials: You will receive a fully illustrated IET Basic Level Guide and an official IET Basic Level Certificate.

CEU Hours Offered for Massage Therapists: 6.9 hours. Please request an application.

Class Fee: The fee for this class will vary by location from between \$160-\$200, depending on the expenses of having the class. Discounts may be available for some classes.

Review Fee: The review fee to repeat this class (as a reviewing student) will vary by location from between \$45-\$85, depending on the expenses of having the class.

IET INTERMEDIATE LEVEL

Prerequisites: Completion of the IET Basic Level.

Description: This class is the next step in the IET system, building on all of the knowledge and techniques learned in the Basic Level. The Intermediate Level expands upon both the depth and the breadth of the Basic Level techniques through the Intermediate Attunement (see below) and through the special IET pullout-release technique that lets you clear imprints from the human energy field.

Intermediate Attunement: You will receive a special Intermediate Level "energy attunement" that will further open your energy field to the power of Integrated Energy Therapy® Intermediate Level ray. Our Intermediate Level attunement expands, realigns, and restructures the 3rd pair (mental) and 4th pair (karmic) of your 12-Strand DNA. Once attuned to the Intermediate Level IET Ray, you will have the ability to pull physical, emotional, mental, and karmic energy imprints out of the human energy field.

Clearing The Human Energy Field: You will learn the IET pullout-release technique that will turn your hands into "energy magnets" that will allow you to easily attract and clear harmful energy imprints from the human energy field. This will allow you to clear even more difficult energy blockages. As part of this training, you will also be taught to feel and interpret energy blockages and identify the level (physical, emotional, mental, or karmic) that the energy blockages occur. You will also learn the special "pink bubble technique" that will further accelerate the clearing process.

Class Length: This class is designed to be taught in one day (approximately 8 hours). The actual length and times of the class will vary by location.

Class Materials: You will receive a fully illustrated IET Intermediate Level Guide and an official IET Intermediate Level Certificate.

CEU Hours Offered for Massage Therapists: 6.7 hours. Please request an application.

Class Fee: The fee for this class will vary by location from between \$215-255, depending on the expenses of having the class. Discounts may be available for some classes.

Review Fee: The review fee to repeat this class (as a reviewing student) will vary by location from between \$45-\$85, depending on the expenses of having the class.

IET ADVANCED LEVEL

Prerequisites: Completion of the IET Intermediate Level

Description: This class builds on all of the knowledge and techniques learned in the Basic and Intermediate Levels. While the Basic and Intermediate Level classes are focused on clearing cellular memory and the human energy field, the Advanced Level training is focused on helping you live your soul's mission and bringing your dreams alive.

Advanced Attunement: You will receive the Advanced Level that will further open your energy field to the power of the IET Advanced Level Ray. This attunement expands, realigns, and restructures the 4th (soul profile) and 5th (soul cluster) pairs of your 12-Strand DNA. Once attuned to the Advanced Level IET Ray, you will have the ability to discover your soul's mission and attract members of your soul's cluster to help you live your soul's mission and bring your dreams alive.

Your Soul's Mission: Every soul incarnates with a special mission that is not only perfect for that soul but is an integral part of the higher divine plan. The Advanced Level energy attunement will open you to a deeper connection with your 8th chakra (called the soul star) where the complete plan for your soul's mission is stored. You will learn how to tap into the soul star energy and better understand your soul's mission through the creation of a vision board. You will also learn about the four E's of living your soul's mission and how energy blockages can prevent you from living your mission.

Muscle Tension-Relaxation Techniques: The deep energy blockages that can prevent you from living your soul's mission can easily be released through the special IET Advanced Level muscle tension-relaxation techniques. These techniques applied to the arms and legs will accelerate you being able to fully embrace and live out your soul's mission.

Soul Star Clearing: This Advanced Level technique lets you work directly with the 8th chakra to activate the energy of the soul's mission and focus angelic energy to bring

your dreams alive.

Heartbeams - Healing the Earth: You will be able to give back to Mother Earth by establishing columns of IET energy into the Earth known as Heartbeams. Once established, these columns provide a permanent anchor of angelic healing energy into the Earth. These can be used to heal areas of the Earth that have suffered from human or natural devastation. Not only will Heartbeams offer healing to the Earth, but they will also offer healing to anyone who passes through them. You can place Heartbeams in your home and office, as well as at the entrances to schools, hospitals, train stations, airports, and anywhere lots of people will pass through.

Class Length: This class is designed to be taught in one day (approximately 8 hours). The actual length and times of the class will vary by location.

Class Materials: You will receive a fully illustrated IET Advanced Level Guide and an official IET Advanced Level Certificate.

CEU Hours Offered for Massage Therapists: 6.7 hours. Please request an application.

Class Fee: The fee for this class will vary by location from between \$215-255, depending on the expenses of having the class. Discounts may be available for some classes.

Review Fee: The review fee to repeat this class (as a reviewing student) will vary by location from between \$45-\$85, depending on the expenses of having the class.

IET MASTER-INSTRUCTOR LEVEL

(taught only by Master-Instructor Trainers, go to www.LearnIET.com to locate such a trainer.)

Prerequisites: Completion of the IET Advanced Level class.

Description: This class builds on all of the knowledge and techniques learned in the Basic, Intermediate, and Advanced Levels and concentrates on working directly with the 12-Strand DNA. The class has two main purposes: learning how to teach and attune students to the Basic, Intermediate, and Advanced Levels; and enhanced Master-Instructor techniques for clearing cellular memory and the human energy field. The theme for this class is "Reach for the Stars", and the techniques you will learn are designed to help you do just that.

The Name Master-Instructor: "Master" refers to the mastery of the IET energy that you will receive in this class which results in the full expansion of the IET energy ray and brings an even stronger level of IET energy through to the practitioner during self-treatment, absentee, and client sessions. Instructor refers to your ability to teach IET classes (including attuning others to the IET energy rays).

Master-Instructor Attunement: You will receive the Master-Instructor Level energy attunement that will further open your energy field to the power of the IET Master-Instructor Level Ray. Our Master-Instructor Level attunement expands, realigns, and restructures the 6th pair (alignment with the divine) of your 12-Strand DNA. The activation of the 6th pair turns on your ability to activate the DNA of others and attune them to the Basic, Intermediate, and Advanced Levels. In addition, once you are attuned to the Master-Instructor level IET Ray, your energy field will operate in an increased state of spiritual surrender know as "thy will not my will".

Empowering You to Attune Yourself and Others: You will receive instruction on the IET symbols and their use in the IET attunement process. You will have plenty of practice both giving and receiving IET attunements through the giving of three re-attunements each at the Basic, Intermediate, and Advanced Levels as well as receiving three re-attunements each at these levels. These re-attunements are very powerful and will expand the power of the IET energy that you can channel through your energy body.

Learn Special Master-Instructor Only Techniques: You will learn to work directly with the 12-Strand DNA through special Master-Instructor Only techniques such as the 12-Strand DNA Alignment technique, the IET Energy Attunement Implant technique, the 12-Strand DNA Activation technique, the Karma Clearing Process, the Forgiveness Process, and more.

Learning How to Teach IET Classes: You will be empowered to teach the Basic, Intermediate, and Advanced Level IET classes, as well as the IET for Pets, IET for Kids, and the Healing Angels of the Energy Field classes. Please note that about 25% of the students who take this class go on to teach. Others take it for their own development and use.

Practical Spirituality: Learn the business basics of advertising and running your IET sessions and classes. This includes understanding and clearing the primary blockages to your business

success.

Master-Instructor Retreat: As an additional activity, each year you will be qualified to participate in the annual IET Master-Instructor retreat that is designed to enhance your IET teaching skills, teach you new techniques, and support you.

Class Length: This class is designed to be taught in two days, and typically runs from 9:30 AM to 6:00 PM on day one and 9:30 AM to 5:00 PM on day two. The actual length and times of class vary by individual IET Master-Instructor Trainers.

Class Materials: You will receive a fully illustrated IET Master-Instructor Level Guide and an official IET Master-Instructor Level Certificate. In addition, upon graduation you will be listed in the International IET Master-Instructor directory at LearnIET.com.

CEU Hours Offered for Massage Therapists: Please obtain this information from your Master-Instructor Trainer.

Class Fee: The suggested fee for this class within the USA is \$635 if you register more than 30 days in advance of the class. The class fee increases to \$685 if you register within 30 days. Consult each IET Master-Teacher Trainer for their fee and class schedule. Fees will vary by country.

Review Fee: The suggested fee to repeat this class (as a reviewing student) within the USA is \$60.00 if you register more than 30 days in advance of the class and \$70 if you register within 30 days of the class. Consult each IET Master-Teacher Trainer for their fee and class schedule. Fees will vary by country.

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HEALING ANGELS OF THE ENERGY FIELD

Prerequisites: None.

Description: This class supports two groups of students. It is perfect for students who do not have any IET training but who love angels and who would like to meet and work with the nine special angels of healing (Ariel, Raphael, Gabriel, Celestina, Faith, Cassiel, Daniel, Sarah, and Michael). It is also ideal for IET students who want to learn to call upon the Healing Angels and add a special spiritual dimension to their healing sessions. You will learn the special healing gift that each angel brings and a special prayer of invitation to call upon the angel. Everyone from angel novice to expert can benefit from this class.

Class Methodology: This class is based on a powerful four-step process that enables you to energetically connect with the Healing Angels and develop your personal relationship with each of them. In this class you will be lead through this four-step process to systematically focus on each of the Healing Angels. The group energy created in this class will enable you to connect much more powerfully with the Healing Angels than you can do alone. Even "psychic turnips" (those students who cannot feel, see, taste, smell, or sense energy in any way) often have powerful energetic awareness of the Healing Angels in this class.

Class Length: This class is designed to be taught in one day (approximately 8 hours). The actual length and times of the class will vary by location.

Class Materials: You will receive a fully illustrated Healing Angels of the Energy Field Class Workbook and an official Healing Angels of the Energy Field Certificate. The workbook contains a image of each Healing Angel, a description of how each Healing Angel can help you in your self-healing spiritual journey, a special prayer of invitation for each Healing Angel, and a space for you to write about the ways each Healing Angel can help you as well as a space to write about your perception of each Healing Angel.

CEU Hours Offered for Massage Therapists: None.

Class Fee: The fee for this class will vary by location from between \$95-125, depending on the expenses of having the class.

Review Fee: Since this is primarily an experiential class, there is no special review fee for this class.

IET FOR KIDS

Prerequisites: None.

Description: Introduced in October 2003, the IET for Kids program was created in response to ongoing requests from parents who have taken other IET classes and who wanted their children to share in the wonderful experience. The IET for Kids class has been developed especially for children ages 7 to 12. The class provides children with the gift of knowledge in a fun atmosphere.

IET for Kids Attunement: Students will receive the Basic Level IET energy attunement that will permanently open their energy fields to the power of IET Basic Level Ray.

Angelic Heartlinks: While many children have not lost their natural ability to connect with the energy of angels, the children are taught to access the energy of angels through a simple yet powerful process that is called a Heartlink. A "heartlink" is a connection made with the angelic realm in which you can actually visualize a golden chord going from your heart, through your throat, up through your head and then up to the angelic realm or to a specific angel, usually Angel Ariel or one of the other Healing Angels of the Energy Field. Once the Heartlink has been established, children learn how to send love up to the angelic realm or that specific angel and then find that the love returned is multiplied from the angels to further assist them.

Angel Wash: Kids learn how to focus angelic energy to wash their energy field clean.

Kids Eye View of Energy Anatomy: Using cartoon images and simple concepts, children are introduced to cellular memory and how to clear it with the angel wash technique.

Class Length: 3 hours.

Class Materials: Students will receive a fully illustrated IET for Kids Guide and a special IET for Kids Level Certificate. Please note that graduates of this class are not certified as Basic Level IET students.

CEU Hours Offered for Massage Therapists: None.

Class Fee: The fee for this class will vary by location from between \$45-55, depending on the expenses of having the class.

Review Fee: Since this is primarily an experiential class, there is no special review fee for this class.

IET FOR PETS

Prerequisites: Completion of the IET Basic Level.

Description: This class was developed for people with pets as well as those without pets who love animals. The objective in designing this class was to focus on cats, dogs, and horses and to teach how to offer a complete Basic Level IET session to these wonderful creatures. The cellular memory in animals is in some ways similar to that of human beings, but is in many ways different. This class explores the soul's mission of these three types of pets (through information channeled from Angel Ariel), details their nine cellular memory areas, their IET integration points, and the complete step-by-step session procedures.

Class Length: This class is designed to be taught in one day (approximately 8 hours). The actual length and times of the class will vary by location.

Class Materials: You will receive a fully illustrated IET For Pets Guide and an official IET for Pets Certificate.

CEU Hours Offered for Massage Therapists: 6.0 hours. Please request an application.

Class Fee: The fee for this class will vary by location from between \$125-\$165, depending on the expenses of having the class. Discounts may be available for some classes.

Review Fee: The review fee to repeat this class (as a reviewing student) will vary by location from between \$45-\$85, depending on the expenses of having the class.