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Lightbody & Sacred Geometry Activation

(In-person and distance sessions; classes are currently being developed, please inquire if interested)

This is an advanced five session process in which your energy system is systematically amplified to greater levels of conscious awareness and being able to more fully access your vast multidimensional nature, while being grounded and integrated at all levels. This includes attention to clearing patterns that block these abilities within the cellular memory and the DNA, as well as within your energy grids and templates, such that you can readily open to, absorb and carry a higher light quotient. Each series is customized to your specific needs and readiness, and may be repeated for further amplification with a waiting period of at least 6 months.

During a Lightbody Activation session, you will receive tonal sound, color and geometric patterns that bring your energy system into alignment and balance. The healing energies of the I AM Presence are received and transferred to you on the physical, emotional, mental and spiritual levels as the Merkaba is activated both within and outside the body. Lightbody Activation works in partnership with your conscious intent, higher self, angelic guides and the Universal Mind. The amount of energy received and integrated will be exactly that which will best serve the your highest soul intent at that particular moment in time.

Your Lightbody is a gridwork of light and sacred geometry that brings together your physical, emotional, mental and spiritual being. This body radiates light energy and electromagnetically links your multidimensional self with the infinite universe. It connects you to your encoded data through high electrical currents that assist you in translating and manifesting your hidden talents and soul purpose. As you activate, build and integrate your Lightbody, you reorganize your molecular structure, allowing your body to be less dense and more free to express itself with the source of the universe.

The sacred geometry of the Lightbody is also called the "Merkaba." This is both an Egyptian and Hebrew word for the spinning field of light energy and information that radiates from the human body as the star tetrahedron, also known as the Star of David. The Merkaba is a geometrically precise field that is formed from the pattern of the first eight cells of the fertilized ovum or zygote. The location of these eight cells is in the geometrical center of the human body in the base or root chakra. The eight cells also provide the center point for all of the energy fields and grids that surround the body. Thus, the Merkaba field is the matrix of creation. Stated another way, it is the blueprint from which your physical and subtle bodies are formed and from which your life's journey and soul purpose is made manifest.

The Lightbody or Merkaba is sacred geometry that transcends space, time and dimensions. It is an aspect of the body that activates each cell to a specific resonance and reestablishes a higher connection with the creative Light of God. Sacred geometry concerns the balancing and integration of the feminine and the masculine aspects of your being. The right brain or feminine side intuitively unites consciousness and trusts feelings over the intellect. The left brain or the male side sees duality everywhere, wants proof that only one spirit exists in everything and perceives that feelings are not enough. As the polarities integrate, you begin to move into wholeness.

With this law of One, you bring an increased dimensional light and wisdom into your life, moving you closer toward ascension. The ascension process is the merging of the physical body and the spiritual body into a perfected being of light. This merging with your higher self is created by a series of descensions of spirit. Descension means that a vaster part of who you are in the upper dimensions



"Emotions are the next frontier to be understood and conquered. To manage our emotions is not to drug them or suppress them, but to understand them so that we can intelligently direct our emotional energies and intentions...It's time for human beings to grow up emotionally, to mature into emotionally managed and responsible citizens. No magic pill will do it."

Doc Childre

comes to reside in your physical body. As your cells gradually metabolize light energy, every cell of your being becomes spirit in action. Each descension increases the amount of light you are holding in your molecular structure and physical cells and is equivalent to one level of your Lightbody.

As discussed in *What is Lightbody?* by Tashira Tachi-Ren, activation of your Lightbody consists of twelve levels. As each level is completed, the energy must be integrated physically, emotionally, mentally and spiritually. For example, as spirit brings higher light vibrations and information in contact with your mental body, the mental body may say, "That's not real." The emotional body picks up the same impulses from spirit and can close down rather than expressing itself. Eventually, the physical body could become imbalanced which may result in some form of disease. This creates an ongoing cycle of limitation that is based on the illusion of separation from spirit. However, as you progress through each level, you will embody greater wisdom and clarity about your connection with spirit through the process of clearing and releasing the deepest layers of your core human issues.

At the end of each level of Lightbody Activation, there is a void space that can be likened to an ego death that is characterized by a form of depression or a sense of nothingness. In this energetic void, you are asked to rest and vision a new picture of yourself and your life before moving to the next Lightbody level. You may notice flashing colors of light across your third eye, visualize geometric shapes or hear humming sounds. This transformative process will allow you to turn the light codes in your physical body into cognitive clarity and wisdom. During this time, if you focus on filling the void with joy and shifting the old forms of your life in a gentle, loving and timely way, you will create a life of balance and harmony.

The Lightbody Activation process is non-linear yet it has an overall structure or pattern. It is not a measurement of your personal spiritual achievement. The levels are parallel transmutational stages that can take years or a few minutes to move through depending on the will of spirit. Each person has a unique tonal sound signature, the tone that you are. The Lightbody process activates different cords and resonates sound in accordance with the particular level or levels that an individual is consciously and unconsciously processing in their present life experience. Your soul and divine blueprint determines where you are in any given moment of your evolution and what is needed to best serve the Christ Consciousness. A brief summary of each level as discussed by Tashira Tachi-Ren follows:

First Level Lightbody: It is as though a light bulb goes off in your DNA saying, "It's time to go home." There is a sense of wonderment and elation that comes up from inside the body. At the same time, the body says, "Time to drop density". Most people have the flu and release old traumas, toxins and stored emotions from the physical body.

Second Level Lightbody: You may feel a little disoriented, be tired and continue to experience flu symptoms. You begin to have an inkling there is something called spirit in your life and that you are connected to your soul.

Third Level Lightbody: Your physical senses become strong. Each cell has increased light focused directly into it by spirit that promotes understanding of higher dimensions. A two-way conversation between your physical body and spirit has begun.

Fourth Level Lightbody: The chemistry and electromagnetic energy in your brain change. You may experience headaches, blurry vision or difficulty hearing. The hemispheres of your brain begin firing electrically across both hemispheres at the same time. You may feel this electrical energy running across your scalp or down your spine. There are flashes of clairvoyance and a sense of being connected to all things.

Fifth Level Lightbody: You begin to remember more of your dreams and are more cognizant of non-linear thinking. Old thought patterning begins to shift and is released out of the body. You begin to ask yourself, "Who am I?"

Sixth Level Lightbody: Spirit brings you in contact with information and people who are working with the Light to assist you in having a vaster understanding of your own reality and how you operate within that reality. You have flashes of multidimensionality, the feeling that nothing is real and the experience of objects not being solid. You experience compassion within yourself and others to do whatever is necessary to assist them or yourself in going to the next higher step of evolution in service to all life.

Seventh Level Lightbody: You enter the emotional stages of Lightbody Activation and focus on deeper levels of opening the heart center. There is a childlike playfulness from which you operate. You begin to experience the now, the energies of synchronization and of being fully present with spirit.

Eighth Level Lightbody: Your pituitary and pineal glands start to grow and change shape. When your pineal gland is growing, it can feel as though someone has their finger between your eyebrows and is pushing against it. You may feel pressure at the back of your head as the pituitary gland is expanding and experience cranial expansion. You start to think in terms of geometries and tones. Your decisions begin to be guided by spirit.

Ninth Level Lightbody: You are opened more fully to understanding the geometries of tonal languages. You are beginning to embody divinity. You may experience body shifts such as growing taller or shorter. Your weight may go up or down. This is a powerful shift into your multidimensional self and is the final passage to understanding and embodying that you are the source.

Tenth Level Lightbody: You begin to manifest the abilities of an avatar or spiritual master. You are fully conscious of being one with the source. You begin to build your Merkaba, a crystalline geometric light structure that allows you to pass through time, space and dimensions.

Eleventh Level Lightbody: Your structure is made up of many lines of light intersecting in beautiful geometries. A new circulatory system has been built. You are operating fully from your God-self and there is no separation. Everyone at this level is manifesting their vision of heaven on earth.

Twelfth Level Lightbody: This is the final activation of the Merkaba field. You are the divine plan for the planet Earth. You will be affiliated with new and different group structures of councils, governments and families that have come into being for Earth's final ascension. There will also be different types of community living and new rituals awakening the sovereignty of spirit. In the new world that is emerging, we will each live in our spirit, delighting in our present. As we are fully present, we are in the world, not of the world.

You must manifest clarity at the micro personal level to be able to have the same experience at the macro collective level. This is divine law, as above so below. Each of us must first create in our own lives what we desire in our families, communities, societies and countries to be able to shift the entire global collective around the issues of social structure, politics, economics, government and law. You will be living a new life without the need for violence, polarity and disease in a world filled with peace, joy, security and equality. Your new reality perceptions will be ones of clarity, humility, forgiveness and love.

All the angelic assistance you need is available but you must ask for it and learn to trust the process. Each person is responsible for their own life. As you clear away the fears from your inner life, magically you will experience a corresponding shift in your outer life. This, too, is divine law. Ascension is a very simple process. The shift in Lightbodies can occur in an instant. The difference in your life will be your ability to feel and live in joy. The greatest way to serve God, serve all mankind, serve the planet and serve ourselves is to create our lives as a masterpiece of joy. If you focus on the entire process of Lightbody Activation, you will become the adept or spiritual master you desire to be.