

HEARTPATH CENTER

Holistic Healing for Whole Living

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Mentoring

Program Description

Many people who are contemplating receiving or who have already received training in the many available holistic healing arts at times feel the need for a mentor, guide or coach.

For years, I have been informally coaching, guiding, and answering the questions of aspiring, new and experienced practitioners and teachers about various matters related to setting up and running their practices and classes, as well as helping them move past any issues that might come up in the process. Because the need is great, the time has come to evolve a formal mentoring program.

HeartPath's mentoring program offers a supportive and motivating environment where you can explore what you want in life and how your healing practice can support you and fulfill your needs, as well as the needs of those you serve. The process provides you with the support that you need to grow and develop, both personally and professionally, and assists you in maintaining the motivation and commitment you need to achieve your goals.

This program is individually tailored to fit your particular needs, and aims to fully support and empower you according to your goals and aspirations so that you achieve your full potential in your chosen area(s) of endeavor. In general, it includes the following, according to your life situation:

- Identifying and exploring your needs, motivations, desires and skills to assist you in making the appropriate decisions for your life and your practice
- Supporting you in setting appropriate goals, including assistance in assessing your progress in relation to these goals
- Facilitating the identification of solutions and actions to be taken, encouraging a commitment to action, and supporting your follow-through to completion
- Encouraging you to continually improve your performance, skills and competencies
- Offering practical solutions to the many business challenges and decisions that go with a healing practice, including setting up a new business, marketing, and administrative needs
- Supplementing, when appropriate, the mentoring relationship by going into deeper healing issues that might come up in the mentoring process using approaches as described under **[Counseling](#)** and **[Energy Healing](#)**.

Sessions

By definition, the traditional mentoring relationship and process is one that evolves and deepens over the course of time. As such, quite often the most effective approach is to plan for a series of at least three or more sessions that are spaced apart according to the situation at hand. It is also true that some situations require only one or two sessions which is also an option. Mentoring packages are offered that include a specific number of sessions from which you can choose.

I would be very pleased to discuss the mentoring program with you and how it might be able to serve your particular needs. Please email or call to schedule one or more mentoring sessions or a series of sessions.



"A lot of people have gone further than they thought they could because someone else thought they could."

-Unknown

"Change and growth take place when a person has risked himself and dares to become involved with experimenting with his own life."

-Herman Otto

Payment

Cash, checks, money orders and all major credit cards are accepted. Payment may also be made using www.paypal.com, which if used will incur an additional administrative charge to cover the fees for use of their service. Full payment is due at the time of service, unless a payment plan has been previously arranged. All telephone and remote work must be paid in advance unless other arrangements have been made. All fees are to be paid in US dollars and are subject to change without notice. Please inquire for more details.

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PLEASE NOTE: *Please continue to follow the recommendations of your healthcare providers as the offerings provided at HeartPath complement rather than substitute for medical and psychological care. If you are seeking such services, please contact your state's medical or psychological board for a referral.*

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